

# Flexible Spending Account

## Limited Care Eligible Expenses

### What are limited-purpose medical care expenses?

The IRS defines these expenses as expenses limited to dental, vision and preventative care.

With that in mind, we have created a list of many of your most-inquired about limited-purpose medical expenses. For a full listing of eligible expenses, we encourage you to download the IRS Publication 502 Medical and Dental Expenses from [IRS.gov](https://www.irs.gov).\*

#### Dental Services

- Crowns/Bridges
- Dental X-Rays
- Dentures
- Exams/Teeth
- Cleaning
- Extractions
- Fillings
- Gum Treatment
- Oral Surgery
- Orthodontia/Braces

#### Vision Services

- Artificial Eyes
- Contact Lenses
- Contact Lens Solution
- Eye Examinations
- Eyeglasses
- Laser Eye Surgeries
- Ophthalmologist
- Optometrist
- Prescription
- Sunglasses
- Radial Keratotomy

#### Preventative Care Expenses\*\*

- Periodic health evaluations, including tests and diagnostic procedures ordered in connection with routine examinations, such as annual physicals
- Routine prenatal and well-child care
- Tobacco cessation programs
- Obesity weight-loss programs
- Screening services

\*There are two exceptions to be aware of: 1) Insurance premiums are not reimbursable under a Health Care Reimbursement Account / Flexible Spending Account, and 2) the reimbursement is based only upon when the expense was incurred. For example, the date of service, not the date paid.

\*\*Based on the definition described in Section 223(c)(2)(C)

### Questions?

If you have questions on eligible limited purpose medical expenses, please call us at (855) 329-0095 or email us at [healthaccountservices@MyMidAmerica.com](mailto:healthaccountservices@MyMidAmerica.com).

